



Look at yourself through the eyes of a horse and get a new perspective on the effect you have on the ones around you. Would you like to be more in control of what others see? This is your chance!

In a personal coaching session with a horse you can

- Improve the effectiveness of your communication
- Work on teambuilding
- Increase self-awareness
- Practice leadership styles
- Practice cooperation with others

**Find
a new
perspective**

This will give you

- more self confidence
- more control over the effect you have on others
- less misunderstandings about the content of your communication
- a stronger appearance by improving your body language
- and much more !

Horses are experts at reading body language from each other but also from us, humans. Practice how you can use your body language effectively by receiving feedback from a horse!

Private session or group workshop

If you prefer the privacy of an individual session just call to set up a free intake meeting.

A group workshop has the added advantage and fun of the company of others, either to work on teambuilding, improving coordination or to have a fun afternoon with friends or colleagues. Check out the website for the next open workshop or make an appointment for a group session.

Look forward to seeing yourself in the mirror of the horse's eye!

Kind regards, Harriette



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